



ARMS4elderly

A pilot program to
reduce hospitalizations
and improve quality of life
in Europe.



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ARMS4elderly Newsletter

This is a quick update on how we are building smarter support for ageing communities.

In this edition, you'll discover:

- ✓ About – what drives ARMS4elderly mission
- ✓ Meet the Partners – who's behind the project
- ✓ News & Milestones – what we've achieved so far

Stay informed. Stay connected.
Together, we empower ageing with care
and technology.



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Click on each tab to access the corresponding section on our website.

ARMS4elderly

Advanced remote medical services for elderly people

- > Funding Source: UEFISCDI
- > Programme: THCS

“Bringing healthcare home for the elderly”

ARMS4elderly is a unique consortium of 5 members from 4 countries, comprising: 3 hospitals, 1 leading telemedicine platform, 1 health and bioeconomy cluster.





PARTNERS

Assuta Ashdod/Assuta Samson University Hospital

Leading public hospital that blends humane, innovative, and advanced medical care with an excellent service experience for every patient. The hospital stands out for its commitment to quality, research, and collaboration, attracting professionals from Israel and around the world. As a center for medical excellence, Assuta Ashdod fosters a continuum of care that bridges home, community, and hospital services, ensuring seamless patient support. With a strong focus on innovation and learning, it actively promotes cutting-edge medical practices and collaborative initiatives to shape the future of healthcare.





Meet the Partners

OUH Odense University Hospital

**OUH
Odense
University Hospital
Svendborg Hospital**

One of the largest hospitals in Denmark, delivering around 10% of the country's total hospital activity. With approximately 11,000 employees, OUH provides comprehensive medical services across all specialties, managing around 85,000 inpatient discharges and 1.3 million outpatient visits annually—including planned, acute, and virtual consultations. OUH is also a frontrunner in research, telemedicine, and medical technology innovation. Through the Center for Innovative Medical Technology (CIMT)—a strategic collaboration with the University of Southern Denmark—OUH drives healthcare innovation and cross-sectoral initiatives. Key focus areas include telemedicine, healthcare apps, virtual reality, patient-reported outcomes, and video consultations, all aimed at improving accessibility, patient engagement, and the efficiency of care delivery.



Meet the Partners

Net-Medicare

Leading telemedicine platform that delivers comprehensive healthcare solutions through digital channels. By leveraging cutting-edge technology, the platform enables patients to access a wide range of medical services from the comfort of their homes, including specialist consultations, diagnostic tests, and prescription management. Committed to enhancing healthcare accessibility and efficiency, Net-Medicare collaborates with healthcare professionals and institutions to expand medical reach, improve patient outcomes, and optimize operational workflows. By integrating digital innovation with clinical expertise, it is shaping the future of connected healthcare.





Meet the Partners

ROHEALTH – The Health and Bioeconomy Cluster



Leading health and bioeconomy cluster dedicated to advancing medical innovation, research, and collaboration across Romania and beyond. Bringing together industry leaders, research institutions, universities, and healthcare organizations, ROHEALTH fosters synergies that drive progress in health technologies, medical devices, and bioeconomy solutions. Through its extensive network and strategic initiatives, ROHEALTH supports cutting-edge research projects, promotes cross-sectoral cooperation, and facilitates access to funding and market opportunities. By bridging the gap between research and real-world applications, the cluster plays a crucial role in shaping the future of healthcare and sustainable bioeconomy development.



Meet the Partners

ROHEALTH – The Health and Bioeconomy Cluster

One of Romania's largest and most important healthcare institutions, providing high-quality medical care at the local, county, and regional levels. As a tertiary hospital, it offers a comprehensive range of services, from preventive and curative care to rehabilitation, palliative services, and maternal care. Beyond patient care, the hospital serves as a hub for medical education and research, training healthcare professionals from post-secondary to postgraduate levels. Equipped with advanced technology and a team of highly skilled professionals, Mureș Clinical County Hospital is committed to excellence and innovation, continuously working to improve healthcare quality and performance.



News & Milestones

Promising beginnings in Denmark

Odense University Hospital and Municipality of Nordfyn have officially started enrolling patients in the ARMS4elderly pilot. Early feedback has been very positive from both patients and medical staff, confirming the relevance and potential of the project.

The initiative has already attracted local interest, aligning with upcoming healthcare reforms in Denmark, and has been presented at several regional events.



AI-generated images included – For visual storytelling only.
Not all visuals represent real-world data or individuals.

 Learn more about the Danish pilot:
<https://lnkd.in/d2GzwbBQ>

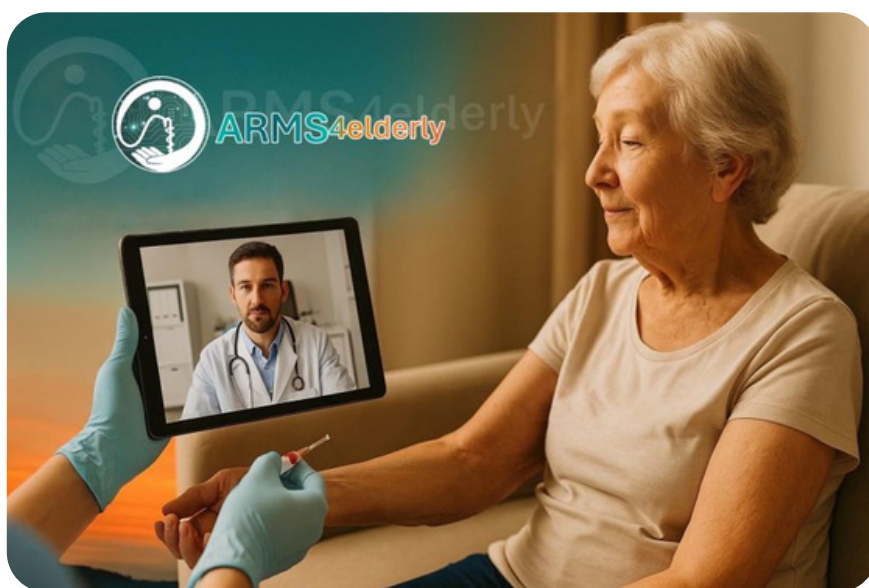
News & Milestones

Real-Life Simulation Validates Remote Elderly Care

As part of the ARMS4elderly project, Assuta Ashdod Innovation carried out a real-world simulation at Bet Hadar nursing home. The exercise tested secure communication between care teams, involving:

- ◆ A real patient case
- ◆ Blood tests analyzed at the hospital
- ◆ Real-time updates and decisions via the digital platform

The simulation confirmed the platform's ability to reduce delays and improve coordination between medical teams — a key step in transforming elderly care through innovation.



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 Learn more about the project on
www.arms4elderly.eu

News & Milestones

ARMS4elderly on Stage at SIT 2025

Net-Medicare represented the ARMS4elderly project as moderators at SIT 2025, one of the most important conferences in Italy in the field of digital health and telemedicine.

Their presence underlines the project's mission to promote human-centered innovation in elderly care, combining research, technology and international collaboration to shape safer and more sustainable solutions.



[!\[\]\(de95854c7ee024cfadc48187bbb781b2_img.jpg\) Read more about the SIT 2025](#)

News & Milestones

ARMS4elderly Featured in Peer-Reviewed Research

ARMS4elderly is gaining recognition in the academic world! Our partner Net-Medicare recently published a scientific article titled “The role of telemedicine in the diagnosis and care of rare diseases.”

The paper explores how structured digital tools and patient-centered workflows can help improve access to diagnosis and ensure care continuity – especially for vulnerable and aging populations.



[!\[\]\(e474458956c9a37fbf9586ddb60a7fa1_img.jpg\) Read the article](#)

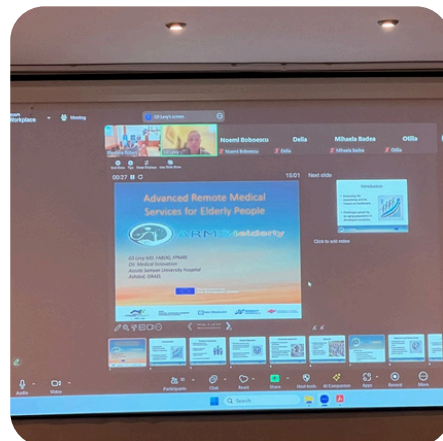
News & Milestones

ARMS4elderly presented at BEHEALTH & DIGITAL 2024

The ARMS4elderly project was featured during the “Hospitals from Home” panel at BEHEALTH & DIGITAL 2024, organized by ROHEALTH.

Dr. Gil Levy from Assuta Samson University Hospital showcased how the project brings essential care directly to patients’ homes, enhancing their independence and quality of life through advanced remote monitoring systems.

This presentation marked a valuable moment to increase visibility and share the project’s impact with healthcare professionals across Europe.





ARMS4elderly

We are transforming
senior care
through advanced technology
and compassion.



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